

Fairy Challenge



2nd Brundall Rainbows

There is no denying that the thought of fairies conjures up magical and enchanting thoughts in the imagination of all girls, young and old, so we thought that we would explore the magic and devise our own Fairy Challenge. Here at 2nd Brundall Rainbows we have thoroughly enjoyed trialling this challenge and feel we should set the magic free for everyone to enjoy. We did this challenge in our weekly unit meetings but feel it would be equally enjoyable to do on an overnight residential.

There are 3 sections to the Fairy Challenge -

- Section 1 - Fairy Food
- Section 2 - Fairy Craft
- Section 3 - Fairy Fun

We suggest that all sections complete 1 activity from each section and that Rainbows complete a further 3 of choice, Brownies a further 4 of choice and Guides/Senior Section a further 5 of choice.

We hope you all have a great time completing this challenge and release your inner fairy!

FAIRY CHALLENGE BADGE SECTION 1 - FAIRY FOOD

Fairy Crown Biscuits

To make these scrumptious, yummy biscuits follow the basic recipe below.

Basic Biscuit Recipe

To make about 10 biscuits you will need:

125g (4½oz) butter, softened

50g (2oz) icing sugar

1 medium egg

1 teaspoon vanilla extract

225g (8oz) plain flour



Cooking Instructions

- 1) Put the butter in a large bowl. Beat until smooth.
- 2) Sieve in icing sugar and beat again.
- 3) Break the egg into a small bowl and add vanilla extract. Beat with a fork.
- 4) Add the egg mixture to the large bowl a little at a time. Beat well with each addition.
- 5) Add the flour and stir in until it makes a dough, use your hands to squeeze it into a ball.
- 6) Wrap the dough in cling film and place in the fridge for 30mins.
- 7) Once out of the fridge roll the dough on a clean, slightly floured surface until it is just thinner than your little finger.
- 8) Cut the dough into about 10cm by 6cm rectangles. Make each rectangle into a crown by cutting 2 small triangles at the top.
- 9) Bake the crowns on greased baking trays at 180C, 350F or gas mark 4 for about 10 mins.
- 10) Once cooled decorate them with writing icing and sweets for jewels.

FAIRY CHALLENGE BADGE SECTION 1 - FAIRY FOOD

Edible Wands

- 1) Use the basic biscuit recipe on the previous page to make these great edible wands.
- 2) Roll the dough out slightly thicker, about 10mm.
- 3) Use heart and star shaped cutters to make lots of biscuits.
- 4) Place these biscuits on greased baking trays about 5cm apart.
- 5) Once on the tray carefully push an ice lolly stick into each biscuit.
- 6) Bake at 180C, 350F or gas mark 4 for about 12 mins.
- 7) Allow to cool and then decorate using icing, icing pens, sprinkles, edible glitter and sweets.



Stained Glass Window Fairy and Star Biscuits

- 1) Use the basic biscuit recipe on the previous page.
- 2) Cut the dough into large star shapes and fairy shapes using cookie cutters.
- 3) Use a small round cutter to cut a hole in the middle of each shape.
- 4) Line your baking trays with baking parchment.
- 5) Place your biscuit shapes on the trays and drop a solid boiled sweet into the hole in the middle of each shape. Bake the biscuits at 180C, 350F or gas mark 4 for about 10 mins.



FAIRY CHALLENGE BADGE SECTION 1 - FAIRY FOOD

Make a Batch of Fairy Cakes (approx. 24 cakes)

For these delicious, mouth watering fairy delights you will need:

110g (4oz) butter, softened

110g (4oz) caster sugar

2 eggs, lightly beaten

1tsp vanilla extract

110g (4oz) self raising flour

1-2 tbsp milk

Cooking Instructions

- 1) Pre heat oven to 180C, 350F gas mark 4.
- 2) Cream the butter and sugar together in a bowl until pale. Beat in the eggs, a little at a time, and stir in the vanilla extract.
- 3) Fold in the flour. Add a little milk until the mixture is a soft dropping consistency and spoon the mixture into the paper cases until they are half full.
- 4) Bake in the oven for 8-10 minutes, or until golden-brown on top. Leave to cool.
- 5) Make some coloured icing.
- 6) Ice the fairy cakes, by drizzling icing over the cakes, sprinkle with decorations such as hundreds and thousands and edible glitter for that extra sparkle.

FAIRY CHALLENGE BADGE SECTION 2 - FAIRY CRAFT

Snowflake Fairies

- 1) For this craft you could either buy paper dollies or cut some snowflake shapes out in the unit.
- 2) If you are going to make your own snowflakes you will need to draw round a large mug on white paper and coloured paper. Fold the white circle in half and then twice more. Cut out lots of different shaped triangles to make a snowflake.
- 3) Brush your snowflake with PVA glue and sprinkle with glitter.
- 4) Glue your snowflake to your coloured circle. Cut this in half to make your fairies skirt. From the other half cut a body shaped piece.
- 5) Glue both of these to a coloured piece of paper. You now have a dress for your fairy.
- 6) For the wings make some more snowflakes and cut them into wing shapes. Glue these next to the body. These too can be brushed with PVA glue and sprinkled with glitter.
- 7) You will then need to cut out a head, arms, legs and a crown. Glue these on. You can then draw a face and some hair for your fairy.



FAIRY CHALLENGE BADGE SECTION 2 - FAIRY CRAFT

Sparkly Garland / Bunting (Suitable to Decorate any Fairy Den)



- 1) Perfect decorations to add sparkle to any bedroom.
- 2) Use the heart and star shaped templates at the back of the challenge resource.
- 3) Cut lots of the shapes out using purple, pink, red, silver or gold card (or whatever spare card you have from previous crafts).
- 4) Glue smaller heart/star shapes to the larger ones. Use glitter glue to draw round the edge of the smaller shapes. You could also use PVA glue spread all over the smaller shapes to totally cover in glitter.
- 5) Once you have about 5 sets of shapes attach some ribbon loops to them then thread them onto a long piece of ribbon. Tape the loops to the long ribbon using sellotape to hold them in place.
- 6) For our Rainbow unit we pre-cut some shapes leaving more time for decorating
- 7) Older girls may like to make this garland with fabric instead of card. You will obviously need suitable fabric glue to stick the shapes together and fabric paints for decoration. You may also need a satin ribbon for hanging.
- 8) You could also use your garlands to decorate your unit meeting place should you have a fairy themed party.

FAIRY CHALLENGE BADGE SECTION 2 - FAIRY CRAFT

Craft Bead Fairy

Guaranteed to keep nimble fingers busy why not have a go at creating your very own Craft Bead Fairy?



What you will need:

Fairy peg boards or design your own fairies on plain peg boards; Hama beads in assorted colours; pots to pop your Hama beads into and kitchen baking trays are useful to store half completed designs on!

Note: Crafty Crocodiles have some great peg boards in their range.

Make Your Own Fairy Wand

Cast a spell and create your very own pretty star wand.

For this you will need to cut 2 star shapes of the same size out of coloured card.

Take a drinking straw and roll it in kitchen foil. Glue the stars together with a straw in the middle.

Use glitter glue to decorate your stars. You could also attach some organza ribbon to your straw just under the stars. Alternatively there are lots of kits for wands in all the craft books.

Fairy Crown

The perfect sparkly accessory for any fairy themed party, why not try making your very own fairy crown.

- 1) Design your crown template on paper. This can then be traced onto coloured card. Once cut out measure it to fit your head.
- 2) Secure your crown to the right size using glue or staples. Make sure you cover the staples with sellotape on the inside of your crown to prevent the edges from catching in hair.
- 3) You then need to decorate the crown using jewels, glitter glue, you could also use coloured tape or braid to form bands at the base of your crown.



(Older girls may like to attempt to make a wire floral crown. For this you will need sparkling gold or silver wire. Wrap this around the head about three times and carefully secure the end by wrapping it around the 3 strands being careful not to leave any wire sticking out. To this you can then attach artificial flowers secured with florist tape. Strands of ribbon can also be attached at the back of the crown and curled to make a trail down the crown wearers back.)

FAIRY CHALLENGE BADGE SECTION 2 - FAIRY CRAFT

Other Fairy Craft Ideas to Enchant You:

Make your own Fairy Wings

Cut wing shapes from card and use elastic as shoulder straps to wear them. Decorate your wings with stick on gems, sequins, stickers, glitter, felt tips or pencils. (We bought some great ready cut and threaded wings ready for decorating from Baker Ross)

Fairy Book Marks

Glittery fairy book marks are perfect accessories for any fairy story book! Made from lightweight card you can add fairy faces, fairy wings, fairy crowns and lots of sparkling glitter.

Fairy Photo Frame

Make the photo frame from air drying clay, using a fairy cookie cutter for the shape. Whilst clay is wet insert a pipe cleaner at the top. Paint and decorate clay when dry. Clip an art peg at the top of the pipe cleaner so that you can attach your favourite photo.

Fairy Shrinkie

Draw and design your own Fairy to be magically shrunk!

Make Your Own Fairy In A Jar

Cut out a photo of yourself. It must be a head to toe photo. Cut out a crown and a wand to stick on your picture. Use a glass jar big enough to put your fairy into. Line the bottom of the glass jar with green shredded paper or a moss looking fake grass. Glue your photo to a modelling clay square base. Place your fairy into the jar. Close the lid and decorate the lid by gluing an artificial flower to it.

Make Your Own Fairy House

Make your own fairy house out of twigs, garden cuttings, and picked flowers. This could be made in the unit with items foraged together or you could set the girls the challenge of making one in their garden and bringing in a photo of it to discuss and describe.

FAIRY CHALLENGE BADGE SECTION 3 - FAIRY FUN

Fairy Sparkle Brew

A fairy sparkle brew which is made using science, that guarantees to dazzle and delight your unit!

Ingredients / Materials:

Clear vinegar; a glass jar; food dye; glitter or sparkly table decorations; washing up liquid; a metal spoon; a large baking tray and bicarbonate of soda.

1. Pour clear vinegar into a glass jar until it is half full and add a few drops of food dye.
Add a small handful of sparkly table decorations.
2. Add a good squeeze of washing-up liquid to the jar and then gently stir the mixture with a metal spoon to mix everything together.
3. Put the jar in the middle of a large baking tray or a sink. Add a heaped teaspoon of bicarbonate of soda to the jar and see what happens.

(As the vinegar and bicarbonate of soda mix, they make lots of tiny bubbles of gas. The bubbles churn up the washing-up liquid, making lots of foam.)

Fairy Tales

1. Read a fairy story with your unit such as one of the Rainbow Magic stories or one of the books from The Glitter Wings Academy series.
2. Older sections may like to read some of *A Mid Summer Nights Dream*.
3. Your unit could always act out sections of the book once reading these books or use this as a basis for creating their own fairy stories to act out.

FAIRY CHALLENGE BADGE SECTION 3 - FAIRY FUN

Other Fantastic Fairy Fun Ideas:

Watch a Tinkerbell film with your unit

Whether at the cinema or on DVD at a unit meeting watching a movie together will certainly be entertaining. For some extra sparkle why not make your very own popcorn!

Have a Fairy Dressing Up Party

Let your unit have lots of fun with a Fairy Dressing Up Party with lots of glamour, glitter and sparkle. Why not try a game of Fairies in the Mud - (like Stuck in the Mud) make the member chasing the others the Fairy Godmother!

Make Up Songs and Sketches for Your Own Fairy Ring

Everybody likes a bit of drama and acting. Divide your unit into smaller teams and let them use their imagination and creativity to produce their own fairy songs or plays which they can then perform to the rest of their unit or even to perform to their parents/families at the end of a session.

Have a Fairy Dressing Up Relay Race

Fantastic to encourage team work why not try a fairy dressing up relay race. Divide your unit into small teams, appoint a team captain for each and ask them to give their team a fairy themed team name. Get the teams to line up at one end of your venue with a fairy dressing up outfit for each team. On the blow of a whistle the first member of each team has to dress up run down to the other end of the venue avoiding any obstacles/cones that are in front of them. They then run back to their team, take off the dressing up outfit and it's the next team members turn. The first team that have all had a turn at the relay is the winner!

Fairy Face Painting

Pair up in your unit and paint each other's faces as fairies. (Be sure to check for any face paint allergies). This could be a combined activity at a shared Rainbow/Brownie meeting with the Brownies using their creative abilities to face paint the Rainbows.

FAIRY CHALLENGE BADGE SECTION 3 - FAIRY FUN

Fairy Wordsearch

Which member of your unit will be first to complete this fairy themed wordsearch....

U	B	S	N	K	D	Y	H	F	H	P	O	J	N	B
S	Q	L	V	B	Y	H	I	H	N	V	D	C	R	N
P	D	L	V	Q	T	C	K	N	B	T	M	F	O	H
A	N	E	Y	T	O	B	R	C	O	G	V	L	I	M
R	Q	P	G	H	J	K	I	O	X	C	G	Y	U	L
K	Y	S	T	A	R	M	T	Q	W	B	O	I	K	L
L	G	B	N	U	I	H	K	O	R	N	B	N	V	E
E	O	P	D	E	F	M	Q	R	T	U	B	G	M	B
S	U	J	B	A	C	R	T	Y	W	N	H	J	K	R
I	J	H	I	E	T	Y	U	O	M	I	B	F	R	E
C	V	R	T	I	O	C	V	G	Y	U	N	T	F	K
O	Y	N	G	T	I	T	A	N	I	A	E	G	C	N
O	G	T	B	J	M	K	O	E	C	B	N	K	S	I
C	T	Y	U	I	X	F	A	I	R	Y	D	U	S	T
D	N	A	W	Y	B	U	J	I	O	L	F	E	R	F
N	O	F	T	U	O	V	C	S	T	U	D	K	I	B
W	Q	E	B	G	L	I	T	T	E	R	O	N	H	V
H	N	J	K	P	I	Y	T	R	F	C	V	B	N	J
W	E	R	T	G	N	J	I	F	G	H	J	K	P	Z
P	R	E	H	T	O	M	D	O	G	Y	R	I	A	F
I	H	N	L	Q	E	T	G	V	M	C	F	G	O	L
W	T	U	O	L	B	D	B	J	O	B	V	B	N	J
E	O	P	M	A	G	I	C	A	L	B	L	T	R	C
N	U	I	S	B	T	J	G	D	T	U	V	J	I	H
M	I	J	F	Y	P	X	B	T	N	O	R	E	B	O

SPARKLES

CROWN

WINGS

GLITTER

STAR

MAGICAL

FAIRY DUST

SPELLS

TOOTHFAIRY

TITANIA

TINKERBELL

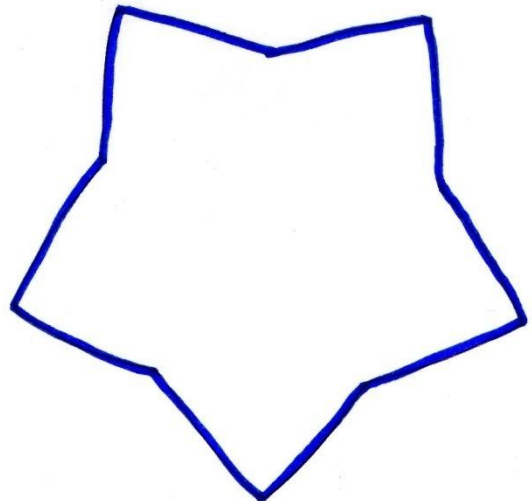
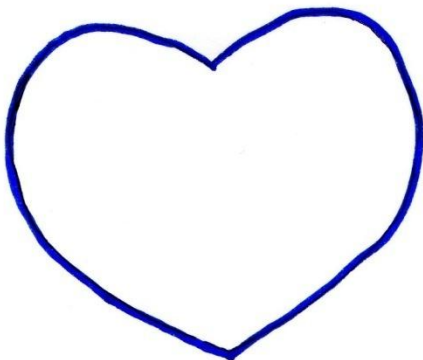
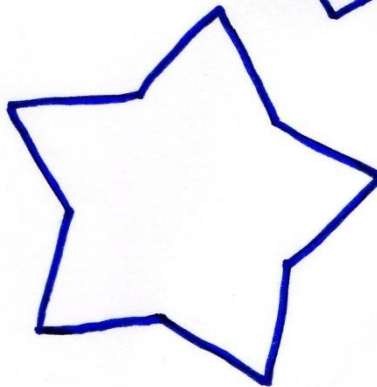
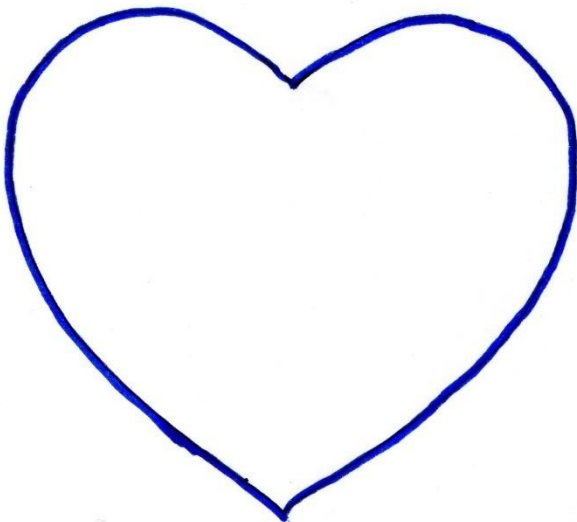
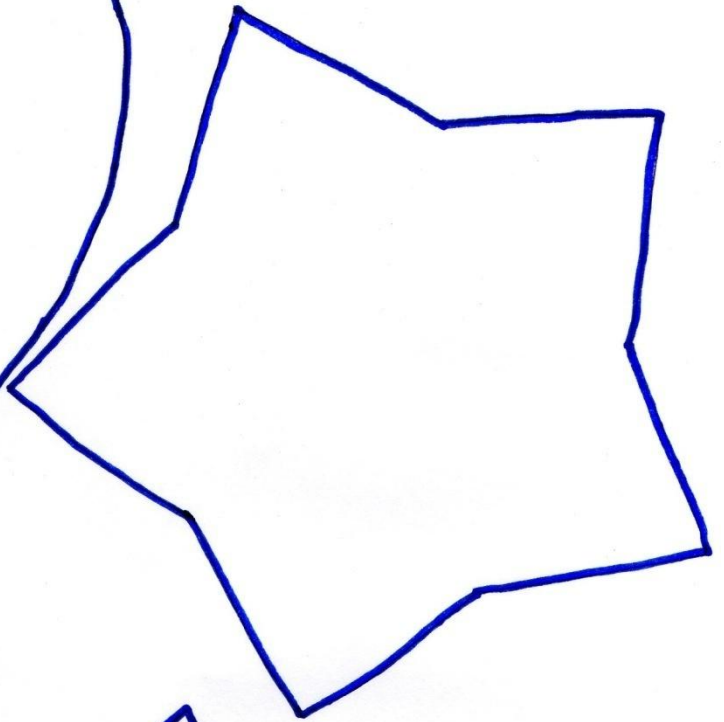
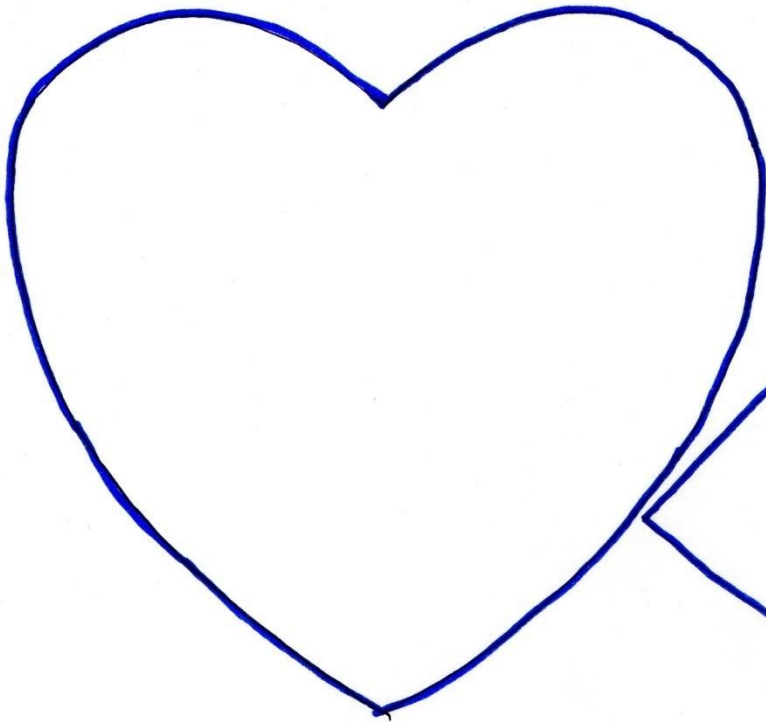
FAIRY GODMOTHER

WAND

OBERON

FLYING

Sparkly Garland/Bunting Heart and Star Templates.



Thank you for completing the Fairy Challenge.



To order your badges, please complete below:

Unit _____

County _____

No of badges @ £1.00 each = £_____

Plus postage @ £1.00 (up to 20 badges) @ £1.50 (20+ badges) = Total £_____

Contact name and address. **Please print clearly in block capitals**

Postcode _____

Email/contact no. _____

Please make all cheques payable to 2nd Brundall Rainbows.

Post to 2nd Brundall Rainbows, 21 Lackford Close, Brundall, Norwich, NR13 5NG

For any enquiries please contact Natasha Raitt on 07810825273 or

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