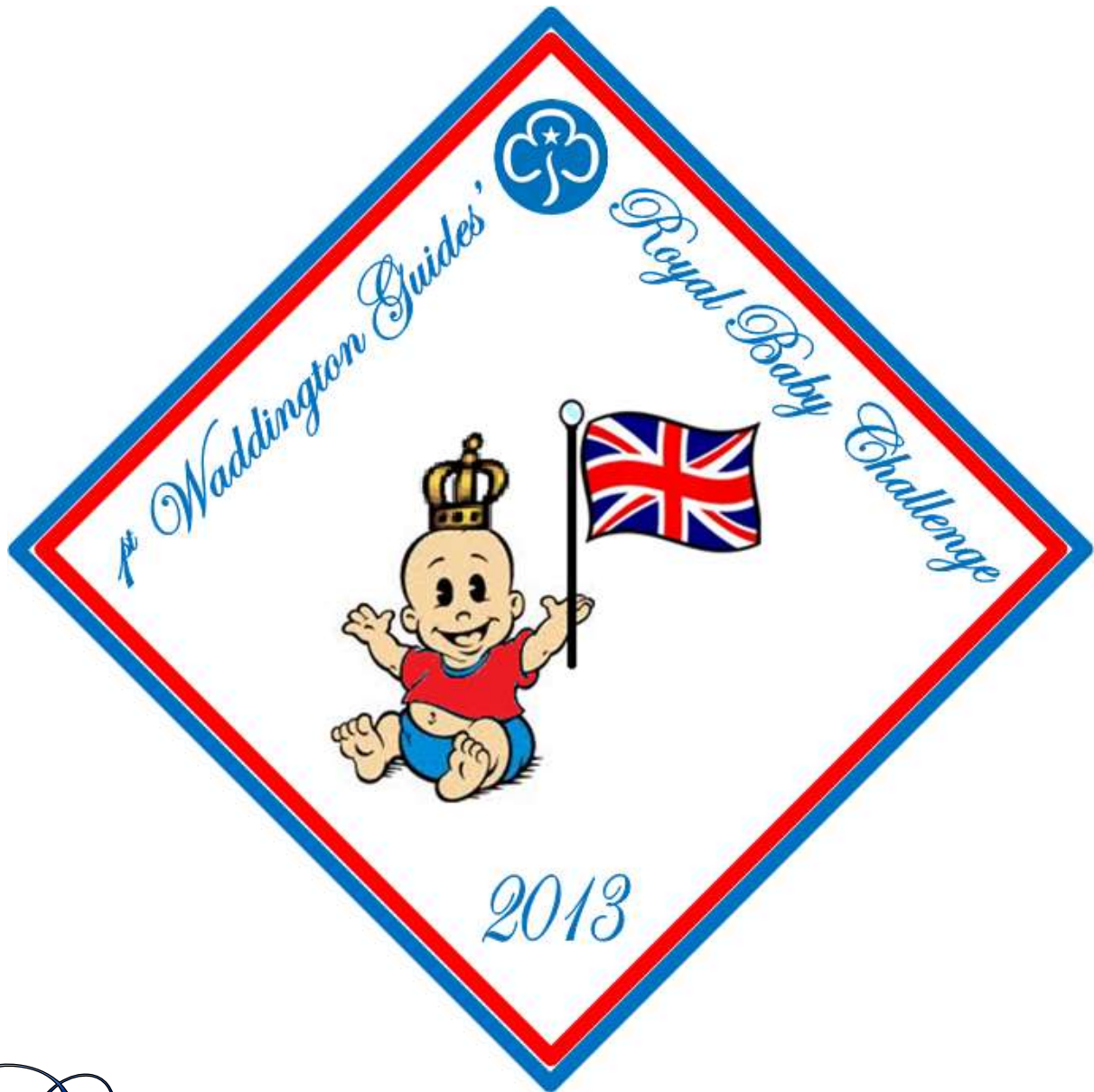


1st Waddington Guides'



Royal Baby Challenge

1st Waddington Guides' Royal Baby Challenge

A challenge badge for all sections to celebrate the newest member of the British Royal family – William and Kate's baby!

After a fantastic time celebrating the Queen's Diamond Jubilee and William and Kate's wedding, our unit is really excited about another exciting Royal celebration – a new Prince or Princess! So we created this challenge badge to encourage other members of Guiding to celebrate this event too.

The challenge consists of 5 sections:

- Section 1: Celebrations**
- Section 2: Babies**
- Section 3: Royals**
- Section 4: Princes & Princesses**
- Section 5: Charities**

To complete the challenge we suggest that:

- Rainbows should complete six challenges
- Brownies should complete eight challenges
- Guides should complete ten challenges
- Senior Section members and adults should complete twelve challenges

In each case, at least one challenge should be completed from each section.

Celebrations

Indian Celebrations

In Southern India, a *Seemantam* or *Valaikaapu* is held late in the pregnancy to celebrate the forthcoming child. The expectant mother wears bangles and is decked in garlands of flowers. Make some bracelets or flower garlands such as the expectant mother would wear. You could make bracelets by threading beads or by weaving/knotting coloured threads together. You can make flower garlands in any way you choose – there is a method at the back of this booklet for a very complicated one!



Brazilian Celebrations

In Brazil, a party called a *chá de bebê*, which translates as ‘baby tea’, is held soon after the birth of a new baby. As well as playing games and eating lots of delicious foods, all the guests write a poem, prayer or song for the new baby and its family. Have a go at writing a poem, prayer or song about babies, families or the new royal baby. Perhaps you could choose one from your unit to send to Buckingham Palace!

English Celebrations



In the United Kingdom, the birth of a baby is usually celebrated by *wetting the baby's head*, when the father traditionally celebrates the birth by having a few drinks with a group of friends. Make some celebratory mocktails (non-alcoholic cocktails) using fruit juices, lemonade, etc. and slices of fruit to decorate them. Give them themed names such as ‘Baby Bubbly’ and ‘Dummy Delight’.

Keralese Celebrations

In Kerala, a *Pulikudi* is held shortly before the birth at which the expectant mother is given a massage with traditional homemade oils. Use scented oils to give each other hand massages. Perhaps you could invite your mums to a meeting and give them hand massages as a Mother’s Day treat.

South African Celebrations

In South Africa, a *stork party* is usually held when the expectant mother is about 6 months pregnant. The expectant mother and her friends and family play lots of baby-themed games. Have fun playing some of these typical games:

- *Guess how many jelly babies in a jar* – No explanation required!
 - *Baby Trivia* – A baby-themed quiz with around 20 questions
- *Memory Game* – Kim's Game using baby-themed items (e.g. dummy, bib)
- *Guess the Baby* – Ask members of your unit to bring in baby photos, then try to identify who's who. Alternatively, use baby photos of celebrities
- *Pin the Sperm on the Egg* – The same idea as Pin the Tail on the Donkey but using a large picture of an 'egg' and a cut-out 'sperm' (tadpole). This is very typical in South Africa but probably a game for older girls!

Chinese Celebrations



In Chinese tradition, a *manyue* (满月) is held one month after the baby is born. Due to the lack of medical technology in ancient times, the high infant mortality rate prompted celebrations if a baby survived more than one month after birth. Small cakes are decorated in great detail with the baby's name and pictures of either the child or baby-themed items. Decorate some baby-themed cupcakes of your own.



American Celebrations

At an American *baby shower*, a common game is to write down the full name of the expectant mother and then, using only those letters, to see who can come up with the most first names for the baby (e.g. Danielle Smith - Tim, Neil, Dan, Elaine, etc.) Have a competition to see who can make the most baby names from the letters:

CATHERINE ELIZABETH MOUNTBATTEN WINDSOR

Royal Celebrations

Hold a party to celebrate the birth of the royal baby. Have baby- or royal-themed games, activities and foods and decorate the venue with Union flags, etc.

Babies

Toys

Make a toy suitable for a baby or young child.
Could you donate the toy to a children's hospital or somewhere similar?

Clay Pot Babies



Make these cute clay pot babies using small flower pots, foam balls, acrylic paint, small buttons and fabric. For more details, go to: <http://silkesonestop.wordpress.com/2012/07/05/mini-clay-pot-baby-so-fun-to-make/>

Childcare

One day you will probably have to look after a baby or young child.
Complete these clauses from the 1971 Guide interest badge, Child Nurse:

- Know how a child should be clothed in summer and winter
- Know what food is suitable for children at various ages from birth to two years
- Know what kind of play materials should be given to young children
- Know how to prevent accidents in the house or garden

Blankets

As a unit, knit a blanket for a baby. Each person knits a square, which are then stitched together. Could you donate the blanket to a children's hospital or somewhere similar?

Lullaby Time

Babies love to be sung lullabies. Learn and sing some of these:

All through the night
Brahms' lullaby
Day Is done (Taps)

Frère Jacques
Golden slumbers
Hush, little baby

Rock a-bye baby
Toora, loora, loora
Twinkle twinkle little star

You can find the lyrics at http://www.babycenter.com/0_lullaby-lyrics-a-primer_1508569.bc

Royals

Royal Family Tree

How much do you know about the British royal family?
Try to complete a royal family tree using the family tree outline and royal family photos at the back of this pack. The answers are also provided!

Coat of Arms



The British royal family has a well known coat of arms. Find out what each part of it represents (the lion, unicorn and four quadrants of the shield). Then try creating a coat of arms for your unit, six or patrol. What do you want it to say about you?

Royal Residences

The royal family have many residences around the UK and have lived in many other castles and palaces over their long history. Visit somewhere with a royal connection, such as Hever Castle (Kent), Buckingham Palace (London), Balmoral Castle (Scotland), Brighton Pavilion (Sussex), Caernarfon Castle (Wales) or Allerton Castle (Yorkshire).

Royal Baker Ross

As usual, Baker Ross have some craft ideas ideal for the royal theme:



Union Jack Cushion
Sewing Kits
EV912 pack of 2 £4.90
EV9124 pack of 10 £22.00

Union Jack Keyring & Bag
Dangler Kits
EV557 pack of 3 £3.75
EV5571 pack of 15 £14.85



Ice Queen

Play this royal-themed version of 'stuck in the mud'. When the evil ice queen touches you, you are turned to ice. The only way to thaw you is for someone else to crawl through your legs (or touch your arm, depending on your version of the game).

Princes & Princesses



Royal Attire

Turn yourself into a princess by making a sparkling crown using card, sequins, glitter, feathers, tinsel, etc.



Jewel Hunt

All princes and princesses have to have jewels! Hide 'precious gems' around the meeting place and let the girls loose hunting for the treasure.

Disney Princesses

Younger girls generally love the Disney princesses! Hold a fancy dress evening at which girls come along dressed up as a Disney princess of their choice.

Castle Craft

Every Prince or Princess needs a castle to live in!
Use empty boxes, kitchen roll tubes, paper, etc. to make a model castle.



Storytime

Read, listen to, act out or watch, one of the following well-loved stories:

Cinderella
The happy prince
The prince and the pauper
The princess and the dragon

The princess and the pea
The princess who never smiled
Sleeping Beauty
Snow White

Charities

Sponsored event

Hold a sponsored event to raise money for a baby or children's charity such as those suggested on the next page.

Bring for Babies

Hold a *Bring for Babies* event at which everyone brings an item useful for a new baby such as a bib, bottle, blanket or dummy. The items could be donated to a local children's hospital or women's shelter, or to a charity further afield.

National Event

Take part in an event organised or supported by a baby charity, such as:

Pulse 3k run for Tommy's - <http://www.tommys.org/page.aspx?pid=1082>

Cake A Difference for Bliss - www.cakeadifference.org

The Gherkin Challenge for NSPCC - http://www.nspcc.org.uk/get-involved/join-an-event/get-active/step-change/about-step-change_wda88460.html

Giant Sleepover for UNICEF - <http://www.unicef.org.uk/Get-Involved/Come-to-an-event/Giant-Sleepover-2013/>

Baby Boxes

Put together a box of useful items for a new baby and its family, decorate the box and donate it to a charity such as Operation Shower or Smile International:

<http://operationshower.org/wp-content/uploads/2010/08/Operation-Shower-Kits1.pdf>

<http://www.smileinternational.org/how-to-create-a-shoebox.aspx>

Royal Afternoon Tea

Have a royal afternoon tea and invite people to make a small donation to attend. Serve tea, cakes, scones and cream, cucumber sandwiches without crusts, etc.

Suggested Charities

You may choose to support and baby charity you wish, but here are some suggestions which we think are really great causes

The logo for Bliss, featuring the word "Bliss" in a bold, teal, sans-serif font.

A UK charity working to provide care and support for all premature and sick babies and their families.

www.bliss.org.uk

The logo for Tommy's, featuring the word "Tommy's" in a bold, purple, sans-serif font, with "[Let's talk baby]" in a smaller, purple, sans-serif font below it.

A charity which works funds research into the causes and prevention of miscarriage, premature birth and stillbirth and supports affected parents by providing them with information about these issues.

www.tommys.org

The NHS logo, featuring the letters "NHS" in a bold, white, sans-serif font on a blue rectangular background.

Hospitals around the UK have Special Care Baby Units, which provide intensive care, high dependency care and special care to newborn babies with serious medical problems. Search online to find the nearest one to you.

The logo for Sands, featuring the word "Sands" in a bold, orange, sans-serif font, with a stylized blue and white icon of a baby in a womb to the right. Below the word "Sands" is the text "Stillbirth & neonatal death charity" in a smaller, black, sans-serif font.

A charity which supports those affected by the death of a baby and promotes research to reduce stillbirths and neonatal death.

www.uk-sands.org

The UNICEF logo, featuring the word "unicef" in a bold, white, sans-serif font on a blue rectangular background, with the UNICEF symbol (a mother and child) to the right.

A charity which fights poverty, hunger and disease, particularly in under 3s, by providing education about nutrition, clean water, pregnancy and HIV.

www.unicef.org.uk

women's aid
until women & children are safe

A national domestic violence charity which helps up to 250,000 women and children every year, running a helpline and providing refuges where women and their babies/children can stay if necessary.

www.womensaid.org.uk

NSPCC 
Cruelty to children must stop. FULL STOP.

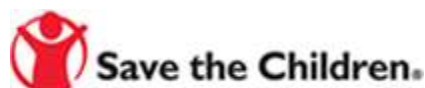
A charity working to end child cruelty in the UK. Babies under one are particularly vulnerable to abuse and neglect and are eight times more likely to be killed than other children in the UK.

www.nspcc.org.uk



A charity which supports deployed troops by helping their left-behind wives prepare for a family in their husbands' absence, by sending baby shower supplies to families stationed around the world.

www.operationshower.org



A charity working in 120 countries to save children's lives, fight for their rights and help them fulfil their potential, as well as caring for abandoned babies.

www.savethechildren.org



A hospital which provides inspirational and world class care to hundreds of children every day and researches complex medical conditions.

www.gosh.org



MCAI | Maternal & Childhealth
Advocacy International

A charity working internationally to save and improve the lives of babies, children and pregnant women in areas of extreme poverty, by strengthening emergency healthcare, funding mother and baby units and providing medical education and equipment.

www.mcai.org.uk

Additional Information

Over the next few pages you will find:

- Instructions for the flower garland craft
- Royal family tree challenge – template, pictures, names & answers
- Badge order form

Flower Garlands

You will need

- Various colours of felt in squares with sides of 20cm
- Ribbon (zig zag ribbon makes it fun!)
- Glue
- Paper
- Scissors
- Dressmaker pins

Instructions



Draw a flower of 5 petals on paper to make a template for cutting the felt. Pin your template to a piece of felt so you can cut around it. Double the felt so you can cut 2 at the same time.



You will need 4 flat felt flowers to start with.



Next, fold the flower petal in half and put some glue in the middle so you can fold again and glue the 2 halves together.



Now cut small circles (a little smaller than the felt flower you cut before) to serve as a base and glue the petal to the circle.



Repeat this with the 4 petals. Make sure to press on the centre when you glue them instead of the borders.



When you are done with the 4 petals, lift up the borders a little bit to spruce up the flower.

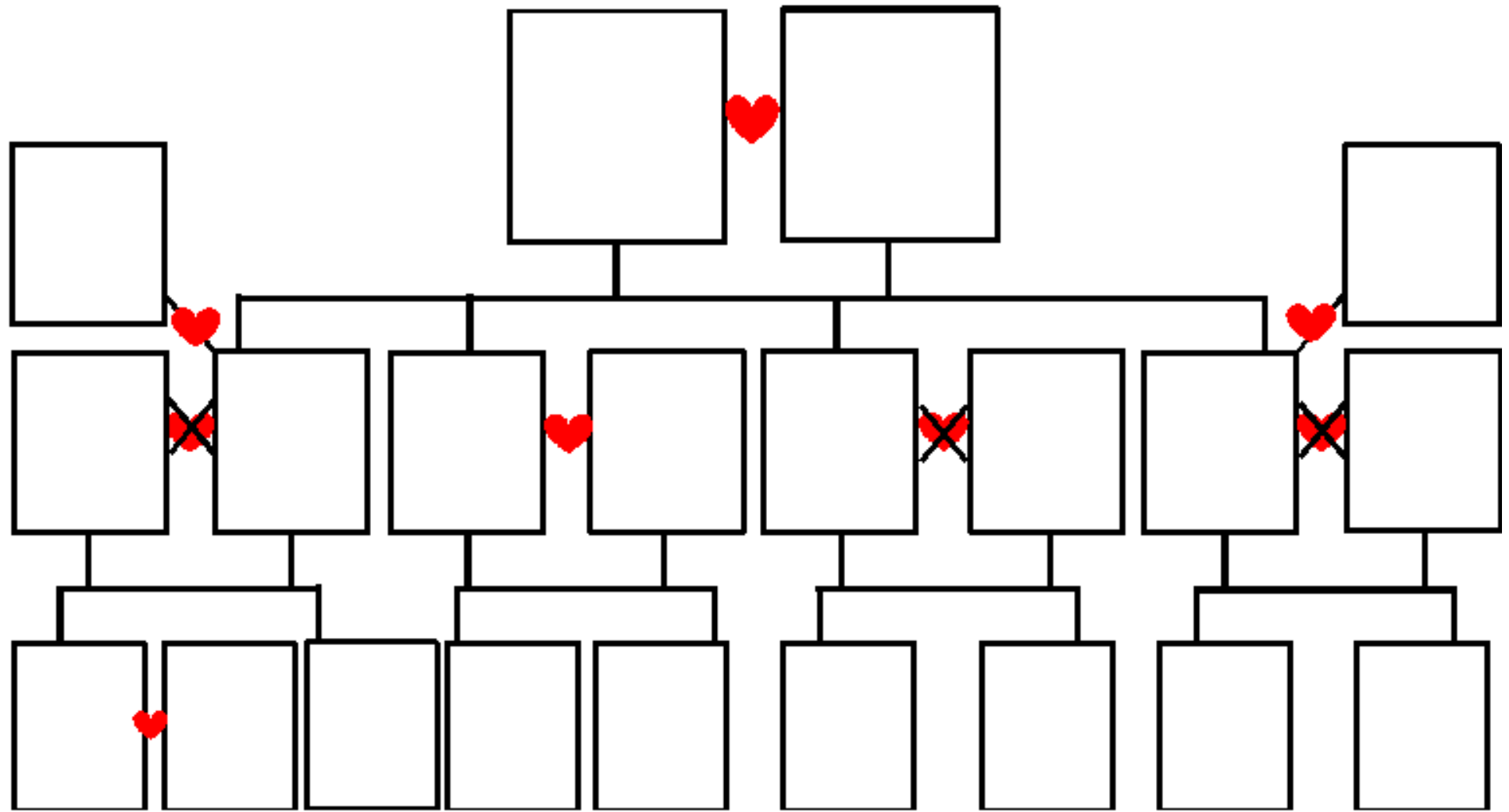


Once you are done with all the flowers (You can do about 4 of each colour), glue them to the ribbon and then glue another flower on the other side to make a complete flower.



Repeat with all the other flowers and you're done!

ROYAL FAMILY TREE



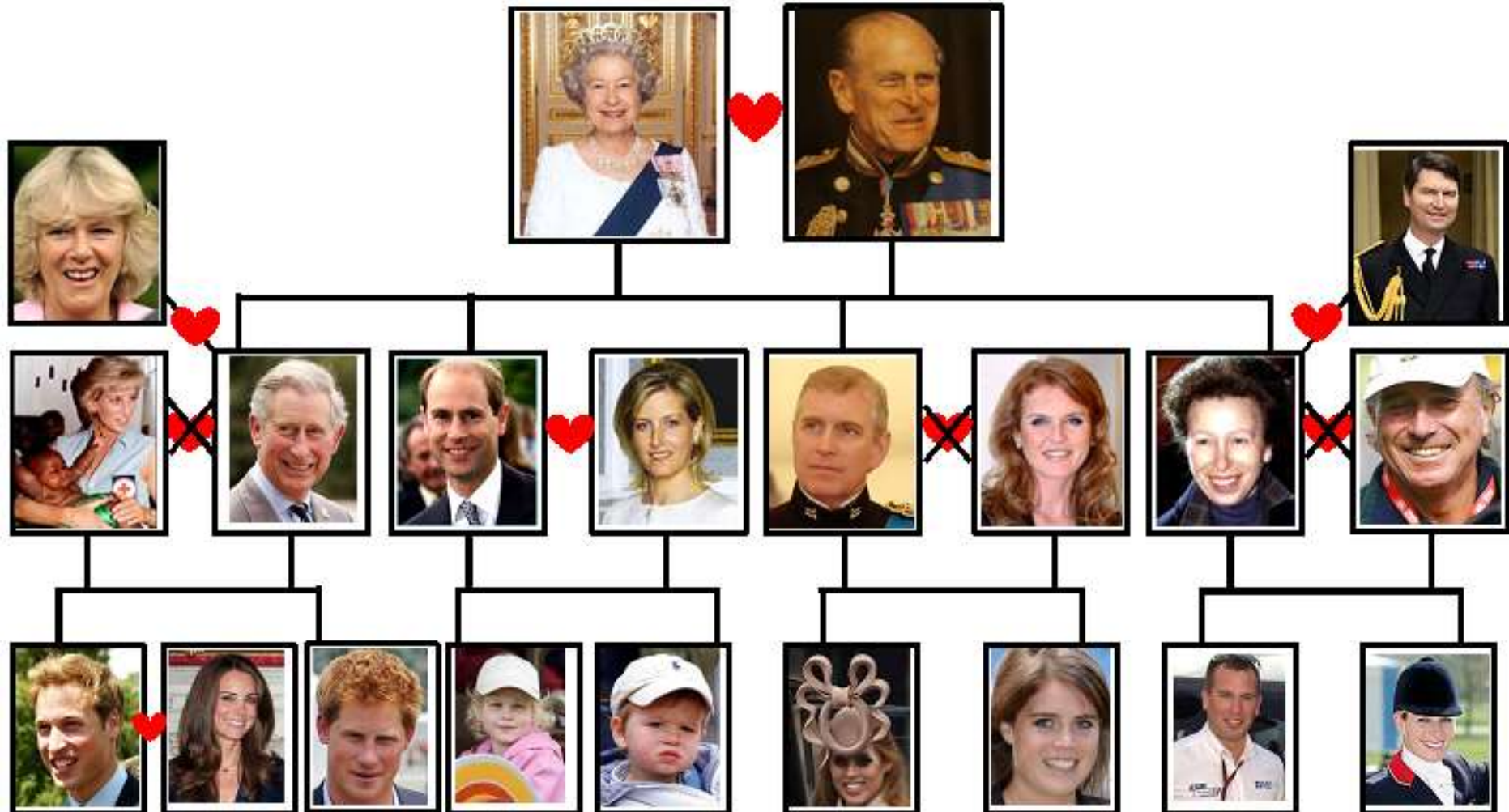
ROYAL FAMILY TREE CHALLENGE

Cut out the pictures of the royal family and stick them in the right places on the Royal Family Tree. Also work out who's who and write their names on/next to the pictures.

- Captain Mark Phillips
- Catherine, Duchess of Cambridge
- Diana, Princess of Wales
- Duchess Camilla Parker-Bowles
- Lady Louise
- Peter Phillips
- Prince Andrew
- Prince Charles
- Prince Edward
- Prince Harry
- Prince Philip
- Prince William
- Princess Anne
- Princess Beatrice
- Princess Eugenie
- Sarah Ferguson
- Sophie, Countess of Wessex
- The Queen
- Vice Admiral Timothy Lawrence
- Viscount Severn
- Zara Phillips



ROYAL FAMILY TREE



Badge Order Form

Thank you for taking part in our Royal Baby Challenge – we hope you enjoyed it! Please fill in the form below to order your badges.

Unit: _____

County: _____

No. of badges required: _____ at £1.20 each = £_____

Postage:	1 – 30 badges	£1.00	
	31 – 100 badges	£1.50	
	101+ badges	£2.00	£_____

TOTAL: £_____

Postage name & address:

E-mail address: _____
(We will e-mail when the badges have been dispatched)

Please make cheques payable to **1st Waddington Guides** and send order forms to:

Sarai Woollins
34 Blackfriars Road
Lincoln
LN2 4WS

Alternatively, you are welcome to order by e-mail and pay by bank transfer. Please contact Sarai directly to arrange this:

woolly56@hotmail.com

Profits will be used to help finance camps and holidays for members of 1st Waddington Guides